

Sutton Alternative Health Services

How to take drops

Each dose held under the tongue, without swallowing, for a minimum of 20 seconds. No food or liquid should be taken 15 minutes before or 15 minutes after the administration of the desired dose. If you have more than one bottle, wait 2 minutes in between.

Do not be surprised if you experience some healing crisis (re-living some old symptoms), as your body gets strong enough to detox. As a matter of fact, I am happy when I hear of this, it means you are closer to getting better.

Any questions on this, please feel free to give us a call or e-mail us.

Phone - 732-308-1961

Email - info@suttonalternative.com